

3RD ANNUAL SUPPORTING YOUTH SYMPOSIUM

Friday, November 6, 2026
8:00 to 12:00 pm EST

Where:

Mason Municipal Center - Community Room
6000 Mason Montgomery Rd
Mason, OH 45040

Event Schedule :

Arrival and breakfast: 8:00 – 8:30 am
Presentations: 8:30 until 11:30 am

Target Audience:

school counselors, families, teachers and school administrators along with anyone interested in supporting youth mental health

FREE

REGISTER NOW

lindnercenter.ejoinme.org/2026youthsymposium

or scan the QR code:



Register by:

Friday, October 23

(limited capacity)

PRESENTERS AND TOPICS OF DISCUSSION

Symposium Overview:



8:30 to 9:30 am – **Youth Mental Health 101** presented by **Dr. Tracy Cummings, MD**, Psychiatrist, Chief of Child and Adolescent Psychiatry, Medical Director, Adolescent PHP, Lindner Center of Hope

- The current landscape of youth mental health will be described.
- Common diagnoses in youth will be reviewed.
- Hot topics in youth mental health will be explored from a psychiatric lens.



9:30 to 10:30 am – **Supporting Students to Develop Self-Awareness and Self-Advocacy Skills** presented by **Amanda Van Mil, M.Ed**, Teacher, Adolescent Partial Hospitalization Program, Lindner Center of Hope

Both traditionally successful and struggling students may lack skills in monitoring their academic needs and with asking for help.

- Participants will gain an understanding of personality traits and mental health conditions that may affect self-awareness and self-advocacy.
- Participants will learn strategies and insights for directly supporting students' development through a set of case studies.



10:30 to 11:30 am – **The Therapeutic Toolbox: Meeting Adolescent Needs in PHP**, presented by **Heather Connor, LISW-S**, Therapist, Lindner Center of Hope

- Identify the primary therapeutic modalities utilized within an adolescent Partial Hospitalization Program (PHP), including individual, group, family, and experiential interventions.
- Describe how different evidence-based therapeutic approaches are integrated to address the complex and varied clinical needs of adolescents in a PHP level of care.
- Recognize common outpatient referrals sources following PHP, including outpatient therapists, psychiatrists, group therapy resources, school supports, and higher levels of care.
- Examine clinical case examples that demonstrate how treatment modalities and level-of-care recommendations are tailored to individual adolescent needs.

