

## The Treasure of Ordinary Psychotherapy (TOPS) Part II: What Really Matters

A SILVER HILL ACADEMY SERIES

**A Five-Session Virtual Series presented by Five Well-Practiced Psychotherapists**

**1 Continuing Education Credit awarded for each session**

**Wednesdays: February 4 & 18, March 4 & 18, April 1; 12:00pm-1:00pm ET via Zoom**

**\$50 Series Fee**

This special program presented by five unique individuals—each experienced in the field of psychotherapy—will underscore critical common factors linked to positive outcomes. The five-session series will involve the presentation of didactic information, in the format of personal experiences on both sides of the therapeutic relationship.

Wednesday, February 4

**Professional Development is Personal**

Jon Allen, PhD

*Clinical Professor, Voluntary Faculty,  
Department of Psychiatry and Behavioral  
Sciences, Baylor College of Medicine*



Wednesday, February 18

**Coming to Realize that We Can't  
Assume What's in Another's Mind**

Robin Kissel, MD

*Associate Professor of Psychiatry, UCLA David  
Geffen School of Medicine, Director of The  
Mentalizing Initiative*



Wednesday, March 4

**Holding: The Meeting Place Between  
Our Psychic Selves and Social Beings**

Ross Ellenhorn, PhD

*Chief Executive Officer, Ellenhorn*



Wednesday, March 18

**The Fragile Bridge: Building Self-Trust  
and Trustworthiness in Precarious  
Therapeutic Contexts**

Michael Groat, PhD, MSc

*President and CEO, Lindner Center of HOPE*



Wednesday, April 1

**What I Would Not Part With—  
Critical Components of  
Extraordinarily Ordinary Psychotherapy**

Jeff Katzman, MD

*Director, Silver Hill Academy for Research and Education*



**Each 60-Minute Session includes:**

30-minute presentation, Group discussion, Q&A  
1.0 hour CE Credit earned

For full benefit, attendance is encouraged (but not required) at all sessions. The cost of the series is \$50 regardless of the number of sessions attended. Note: Video recordings of all sessions will be available to TOPS series participants. CE credit is not awarded for viewing the video recording.

**LEARN MORE AND REGISTER >>**