



The Treasure of Ordinary Psychotherapy (TOPS) Part II: What Really Matters

A SILVER HILL ACADEMY SERIES

A Five-Session Virtual Series presented by Five Well-Practiced Psychotherapists

1 Continuing Education Credit awarded for each session

Wednesdays: February 4 & 18, March 4 & 18, April 1; 12:00pm–1:00pm ET via Zoom

\$50 Series Fee

This special program presented by five unique individuals—each experienced in the field of psychotherapy—will underscore critical common factors linked to positive outcomes. The five-session series will involve the presentation of didactic information, in the format of personal experiences on both sides of the therapeutic relationship.

Wednesday, February 4

Professional Development is Personal

Jon Allen, PhD

*Clinical Professor, Voluntary Faculty,
Department of Psychiatry and Behavioral
Sciences, Baylor College of Medicine*



Wednesday, February 18

Coming to Realize that We Can't Assume What's in Another's Mind

Robin Kissel, MD

*Associate Professor of Psychiatry, UCLA David
Geffen School of Medicine, Director of The
Mentalizing Initiative*



Wednesday, March 4

Holding: The Meeting Place Between Our Psychic Selves and Social Beings

Ross Ellenhorn, PhD

Chief Executive Officer, Ellenhorn



Wednesday, March 18

The Fragile Bridge: Building Self-Trust and Trustworthiness in Precarious Therapeutic Contexts

Michael Groat, PhD, MSc

President and CEO, Lindner Center of HOPE



Wednesday, April 1

What I Would Not Part With—Critical Components of Extraordinarily Ordinary Psychotherapy

Jeff Katzman, MD

Director, Silver Hill Academy for Research and Education



Each 60-Minute Session includes:

30-minute presentation, Group discussion, Q&A
1.0 hour CE Credit earned

For full benefit, attendance is encouraged (but not required) at all sessions. The cost of the series is \$50 regardless of the number of sessions attended. Note: Video recordings of all sessions will be available to TOPS series participants. CE credit is not awarded for viewing the video recording.

LEARN MORE AND REGISTER >>