

Adult Autism Assessment Available through the Comprehensive Diagnostic Assessment (CDA) at Sibcy House

Lindner Center of Hope's Sibcy House offers Adult Autism Assessment as part of our Comprehensive Diagnostic Assessment (CDA), a multidisciplinary evaluation designed to provide diagnostic clarity and individualized treatment planning. Patients are supported by a coordinated team that may include psychiatry, neuropsychology, therapy, care coordination, and specialized consulting services.

A Thoughtful, Whole-Person Evaluation

Adult autism assessment within the CDA reflects our whole-person approach, considering symptoms, strengths, life experiences, personality traits, and co-occurring mental health concerns. Because periods of crisis can temporarily affect functioning, evaluations are conducted with careful attention to timing and clinical context, exploring how individuals function both at their best and during times of stress.

About the Autism Evaluation

Comprehensive adult autism evaluations that include:

- Clinical Interview (30–60 minutes)
Review of medical, academic, occupational, mental health, social, and family history.
- Self-Report Measures (15–30 minutes)
Standardized questionnaires; collateral input included when appropriate.
- Objective Testing (2–2.5 hours)
Cognitive assessment, social cognition testing,



and additional measures as clinically indicated.
(Total appointment time: approximately 3.5–4.5 hours, including breaks.)

- **Feedback & Written Report**
Diagnostic feedback and recommendations, with a detailed report shared within 2–4 business days.

Results are fully integrated into the CDA, informing

**Call 513-536-0537 or visit
<https://lindnercenterofhope.org/sibcy-house-adult/> to learn more.**



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