

2ND ANNUAL SUPPORTING YOUTH SYMPOSIUM

Friday, October 24, 2025
8:00 to 12:00 pm EST

Where:

Mason Municipal Center - Community Room
6000 Mason Montgomery Rd
Mason, OH 45040

Event Schedule :

Arrival and breakfast: 8:00 – 8:30 am
Presentations: 8:30 until 11:30 am

Target Audience:

school counselors, families, teachers and school administrators along with anyone interested in supporting youth mental health

FREE

REGISTER NOW at

<https://lindnercenter.ejoinme.org/2025YouthSymposium>

or scan the QR code:



Register by:

Friday, October 10

(limited capacity)

PRESENTERS AND TOPICS OF DISCUSSION

Symposium Overview:



8:30 to 9:30 am – **Ctrl-Alt-Del: Rebooting Balance in a Wired World** presented by **Dr. Chris Tuell, Ed.D., LPCC-S, LICDC-CS**, Clinical Director of Addiction Services – Lindner Center of Hope

- Participants will be able to recognize common warning signs, behavioral patterns, and risk factors of Internet addiction in children, teens, and young adults.
- Participants will gain an understanding of the emotional, academic, and social, neurological consequences of excessive Internet use.
- Participants will learn about LCOH newly developed Reboot program to assist children in setting healthy boundaries, foster balance, and promote digital wellness.



9:30 to 10:30 am – **Start Your Engines: Steering Youth Towards Mental Wellness** presented by **Dr. Tracy Cummings, MD**, Psychiatrist, Chief of Child and Adolescent Psychiatry, Medical Director, Adolescent PHP, Lindner Center of Hope

- Participants will gain an understanding of the many contributing factors impacting youth mental health.
- Participants will be able to learn about opportunities for impactful guidance on youth's developmental roadmap

10:30 to 11:30 am – **Panel Discussion: "Partnering with Schools and Families for Adolescent Wellness,"** highlighting the Adolescent PHP team's efforts in academic coordination, daily support, and collaborative care in addition to a Q&A with team members from Lindner Center of Hope's Partial Hospitalization Program presented by **Amanda Van Mil, M.Ed, Lexi Meckes, MSW, LSW, and Dr. Tracy Cummings, MD**

