

THE MENTALIZING CONNECTIONS: A COMMUNITY OF LEARNERS

Ellenhorn is proud to partner with the **Mentalizing Initiative** to bring you a comprehensive exploration of Mentalization-Based Therapy (MBT). Designed for mental health professionals eager to enhance their clinical expertise, this three-month webinar series offers a deep dive into the transformative potential of mentalization practices.

Explore how MBT goes beyond skill-based approaches like DBT by fostering reflective capacities and promoting lasting self-awareness and relational stability. Led by thought leaders and experts from esteemed organizations, each session will illuminate how mentalization can be applied across therapy, leadership, and education to strengthen connections with self and others. Why Attend?

- **Earn CE Credits:** Gain 1.0 CE credit per one-hour session, with a total of 6.0 credits available for attending all six webinars.
- **Learn from Experts:** Hear from leaders in the globally practiced and empirically supported field of MBT.
- **Enhance Your Practice:** Learn how to integrate mentalization principles into your clinical work to foster deeper, more meaningful client outcomes.

Don't miss this opportunity to join your peers in advancing mentalization-based approaches. Register today to secure your spot!

[REGISTER HERE](#)

[LEARN MORE ABOUT OUR 2025 EVENTS HERE](#)

PRESENTATION LINE UP:

All sessions will take place on Zoom from 12 PM - 1 PM (PST)



WEDNESDAY FEBRUARY 12

Introductory Session

All Presenters



WEDNESDAY FEBRUARY 26

Attachment and Reflective Function

Jeffrey Katzman, MD
Silver Hill Hospital



WEDNESDAY MARCH 12

Engaging Deeply: How Mentalizing Facilitates Trust & Openness in Therapy Relationships

Michael Groat, PhD, MSc
Lindner Center of Hope



WEDNESDAY MARCH 26

BPD: The Origin of MBT

Robin Kissell, MD
Mentalizing Initiative



WEDNESDAY APRIL 9

IRL (In Real Life): Mentalizing with Teens in Mind

Natalie Brooks, MA, LMFT
Mentalizing Initiative



WEDNESDAY APRIL 23

The Therapist in the Hot Seat: Countertransference and Using Mentalization to Cool Down

Shelly Simpson, LCSW
Ellenhorn