

Greater Cincinnati Eating Disorders Professionals Symposium

Friday, October 25, 2024

8:30 to 12:30 pm EST

Where:

Lindner Center of HOPE - Gymnasium
4075 Old Western Row Road
Mason, OH 45040

Event Schedule :

Arrival and breakfast: 8:30 – 9:00 am

Presentations: 9:00 until 12:30 pm

3 CME/CEU Credits

Target Audience:

Primary care physicians/APRNs/nurses.

Cost: FREE

REGISTER NOW at or scan QR code:

https://lindnercenter.ejoinme.org/eating_disorders_symposium

Register by: Friday, Oct 18

(limited capacity)



PRESENTERS AND TOPICS OF DISCUSSION

Symposium overview:



9:00 to 10:00 am Topic 1: Concurrent Process: Using Cognitive Processing Therapy for Treatment of Trauma and Eating Disorders presented by **Sarah Lewandowski, MA LPC CEDS-C**, Regional Director of Clinical Services at Monte Nido and Affiliates

After the presentation the participants will be able to:

1. Describe the difference between the sequential and concurrent model of treatment for trauma.
2. List the 5 main transdiagnostic themes that Cognitive Processing Therapy (CPT) reviews.
3. Explain what an impact statement is in Cognitive Processing Therapy (CPT).



10:15 to 11:15 am Topic 2: Eating Disorders Don't Discriminate presented by **M Mullan, MA, LPCC-S** Clinical Manager - The Emily Program

After the presentation the participants will be able to:

1. Identify the eating disorder prevalence rates across demographic variables.
2. Define signs and symptoms of eating disorders may vary based on demographic variables.
3. Develop their cultural competence when working with eating disorder patients.



11:30 to 12:30 pm Topic 3: Weight Stigma in Healthcare and Interdisciplinary Considerations presented by **Elizabeth Mariutto, PsyD, CEDS-C**, Clinical Director of Eating Disorder Services - Lindner Center of HOPE and **Annie Ward, MSN, APRN, PMHNP-BC**, Lead Nurse Practitioner of Medical Services - Lindner Center of HOPE

After the presentation the participants will be able to:

1. Identify at least one way weight bias manifests in the healthcare setting.
2. Identify at least one manifestation of weight bias in eating disorder treatment.
3. Describe three changes one can make in clinical practice to reduce weight bias.

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of Cincinnati and the Lindner Center of HOPE. The University of Cincinnati is accredited by the ACCME to provide continuing medical education for physicians.

The University of Cincinnati designates this live activity for a maximum of 3 *AMA PRA Category 1 Credits™*. Physicians should claim only the credits commensurate with the extent of their participation in the activity.

The Ohio Psychological Association under approval number P099-311067501 (2010-2012) approves the University of Cincinnati College of Medicine Department of Psychiatry for 3 mandatory continuing education credits for Ohio Licensed Psychologists.

This activity has been submitted for 3 clock hours of CEU by The State of Ohio Counselor, Social Work, Marriage and Family Therapist Board.

DISCLAIMER

The opinions expressed during the educational activity are those of the faculty and do not necessarily represent the views of the University of Cincinnati. The information is presented for the purpose of advancing the attendees' professional development.

Brought to you by:

Greater Cincinnati Eating Disorders Professionals

Hosted by:



Member of the University of Cincinnati Academic Health System
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