

Lindner Center of HOPE

Professional Associates

Adolescent Ehlers-danlos Syndrome Group

This group is for adolescents diagnosed with Hypermobile Spectrum Disorder and Ehlers-danlos Syndrome to address the mental health challenges that come with this condition. We will focus on learning skills to cope with stress, grief, anxiety, and depression.

Thursdays 4-5pm at Lindner Center of HOPE

February 8 - March 28, 2024

Ages: 13-17

Contact: Sidney.hays@lindnercenter.org

