



# WE'RE SCURRYING FOR MENTAL HEALTH

## JOIN US FOR THE 11<sup>TH</sup> ANNUAL SCURRY FRIDAY, MAY 19, 2023

Mark your calendars and dust off those tennis shoes! TiER1 is excited to share that The Scurry will return for its 11th year on Friday, May 19. Join us for a fun team bonding experience while supporting a great cause!

### What's The Scurry?

Like CBS's *The Amazing Race*, The Scurry kicks off with a friendly three-hour team competition featuring challenge stations throughout Covington, Kentucky. Teams of 2-4 people will race around the city to complete trivia questions, physical challenges, and more for a chance to win bragging rights as the Supreme Scurry Team.

The day concludes with an epic After Party at Covington Yard where we'll celebrate the winning teams, honor our event beneficiaries, thank our event sponsors and partner organizations, and enjoy music, food, drinks, and connectivity.

### Why Do We Scurry?

This year's event benefits three incredible local organizations and their mental health initiatives: Lindner Center of HOPE, Cincinnati Children's Hospital Medical Center, and Children's Home of Northern Kentucky.

Mental illness is a serious public health issue in Greater Cincinnati and across the nation, with 1 in 5 people experiencing a mental health condition each year, according to the National Alliance on Mental Illness. TiER1 is committed to reducing the stigma surrounding mental illness and encouraging conversations about mental health in our communities. We created The Scurry as a fun way to honor our commitment and support local organizations who work in the mental health space.

### How Can I Get Involved?

To register for the team competition, become an event sponsor, or make a donation, visit [thescurry.com](https://thescurry.com).

### Got Questions?

Please reach out to our event mascot Murray Scurry at [murray.scurry@tier1performance.com](mailto:murray.scurry@tier1performance.com).