

Lindner Center of HOPE

Professional Associates

MIDDLE SCHOOL GIRLS SELF ESTEEM GROUP



A collaborative 12 week, in-person group for young adolescent girls, age 13-15 to work on and address self esteem.

Recommended for individuals who are open to working on their relationship with themselves, and interested in growing in a group environment. Topic areas include boundaries, body image, and reconnecting with yourself.

Facilitated by Dawn Anderson, LPCC-S, Staff Therapist/Supervisor Lindner Center of HOPE. The group size is capped to 15 girls. Cost is \$81/group, which may be covered by insurance.

*Group will begin when minimum group size is registered.

6-7:30pm Tuesday evenings

Lindner Center of HOPE

4075 Old Western Row Road

Mason, Ohio 45040

To schedule contact Kelly Bernens 513-536-0634.

Commitment session required.