

The Harold C. Schott Foundation Eating Disorders Program at Lindner Center of HOPE to Host Free Webinar in Honor of National Eating Disorders Awareness Week

National Eating Disorders Awareness Week is February 27 through March 5



What?

The Harold C. Schott Foundation Eating Disorders Program at Lindner Center of HOPE will host a free educational webinar in honor of National Eating Disorders Awareness Week on February 23, 2023 at 6pm ET.

Guest presenter, **Ragen Chastain**, will present ***The World is Messed Up, You Are Fine***, an interactive talk that examines the messages that come to us through popular culture about beauty, our bodies, and our health. During the presentation, Chastain and the audience will look at the sources of these messages, the surprising effects they can have on every facet of our lives, and steps that can be taken to fight back and improve our world and, ultimately, the whole world.



Ragen Chastain is a speaker, writer, researcher, Board Certified Patient Advocate, multi-certified health and fitness professional, and thought leader in weight science, weight stigma, health, and healthcare. Utilizing her background in research methods and statistics, Ragen has brought her signature mix of humor and hard facts to healthcare, conference, corporate, and college audiences from Kaiser Permanente, to the IAEDP and MEDA conferences, to Amazon and Google, to Dartmouth and Cal Tech. In her free time, Ragen is a national dance champion, triathlete, and marathoner who holds the Guinness World Record for Heaviest Woman to Complete a Marathon and lives in LA with her fiancée Julianne and their adorable dog.

Where?

This event will be run virtually through Zoom (*details sent with RSVP email confirmation*).

When?

Thursday, February 23, 2023
at 6:00PM EST.

Presented by the Harold C. Schott Eating Disorders Program.

RSVP at <https://lindnercenter.ejoinme.org/the-world-is-messed-up>
by Friday, February 17, 2023

Any questions, contact Pricila Gran at 513-536-0318 or pricila.gran@lindnercenter.org.