

# REGISTER NOW!

1 CME/CEU OFFERED. NO FEE.

## Please join us

**TUESDAY, NOVEMBER 14, 2023**

5:30 – 6:30 p.m. EST

For a free webcast



## Radically Open Dialectical Behavior Therapy (RO-DBT): What is it and how is it different from traditional DBT?

PRESENTED BY: **Allison Mecca, PsyD**, Lindner Center of HOPE Staff Psychologist

**REGISTRATION:** [lindnercenterofhope.org/news/events/ro-dbt-what-is-it](https://lindnercenterofhope.org/news/events/ro-dbt-what-is-it)

### Participants in the webcast will be able to:

1. Discuss the history of DBT and the development of RO DBT.
2. Discuss the biosocial development of over-controlled and under-controlled temperaments and recognize how each temperament presents.
3. Identify the primary principles and mechanisms of change in RO DBT, how they differ from DBT, and how to determine which treatment is the best fit.

Please watch  
for upcoming  
educational  
opportunities.

### ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of Cincinnati and the Lindner Center of HOPE. The University of Cincinnati is accredited by the ACCME to provide continuing medical education for physicians.

The University of Cincinnati designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit*™. Physicians should claim only the credits commensurate with the extent of their participation in the activity.

The Ohio Psychological Association under approval number P099-311067501 (2010-2012) approves the University of Cincinnati College of Medicine Department of Psychiatry for 1 mandatory continuing education credit for Ohio Licensed Psychologists.

This activity has been approved for 1 clock hour of CEU by The State of Ohio Counselor, Social Work, Marriage and Family Therapist Board.

### DISCLAIMER

The opinions expressed during the educational activity are those of the faculty and do not necessarily represent the views of the University of Cincinnati. The information is presented for the purpose of advancing the attendees' professional development.