



When Mental Illness Grasps Your Child: A Parents' Perspective

A testimonial from a father whose daughter benefitted from three levels of stabilization at Lindner Center of HOPE.



At the age of 14, James' daughter was exhibiting signs of struggling with her mental health. She was significantly cutting and other symptoms were cause for concern. Now 22 years old, she began having some severe hospitalizations two years ago. A scholarship student for a Big Ten school, she was truly fighting for her life.

"Lindner Center of HOPE helped move my daughter from life-threatening, trauma-inducing, cyclical hospitalizations by working with her step by step through the stages of stabilization and therapeutic recovery to the point that with a supportive environment, she was able to stay out of the hospital unit and start to make progress transitioning to the life she is meant to have," said James. "Lindner Center of HOPE's unique on-site hospital unit and two levels of

residential stabilization and support, enabled her to move to a more therapeutic setting ... her single biggest step forward in 2-1/2 years."

"She had to move beyond her go-to coping mechanisms. She needed the right support, as you don't just get yourself through those life-threatening episodes, living in your own apartment. The most critical part of her road to recovery was where the progress took hold. Those three units and the skilled personnel, including Dr. Hartmann, Dr. Spencer, Rebecca and Jason made an impact. Rebecca would not let her give up."

The difference was:

1. The levels of care and programming,
2. The continuity of the people,
3. The level of skill,
4. The coordinated approach, and
5. The real commitment to help people.