

Lindner Center of HOPE is pleased to host Validation Strategies In Dialectical Behavioral Therapy presented by Eric Schmidt, New Roads Treatment

Thursday April 20th, 2023

7:30 a.m. – 9:30 a.m. EST

Where:

Lindner Center of HOPE - Gymnasium
4075 Old Western Row Road
Mason, OH 45040

Event Schedule :

Arrive 7:00 - 7:15 a.m. with breakfast available.

Presentation: 7:30 a.m. until 9:30 a.m.

2 CME/CEU Credits

Target Audience:

Psychologists, MD's, RN's, APRN's, Therapists,
Counselors and Social Workers.

Cost: FREE

REGISTER NOW at or scan QR code:
https://lindnercenter.ejoinme.org/Validation_Strategies

Register by: **Friday, April 7**
(limited capacity)



PRESENTER AND TOPIC OF DISCUSSION



Validation Strategies In Dialectical Behavioral Therapy

Presented by:

Eric Schmidt, MSSW, LCSW, MBA - CEO, Therapist, New Roads Behavioral Health

Summary of topic:

This course is designed to introduce participants to Validation Strategies, which is a core foundational approach in Dialectical Behavioral Therapy

After the presentation the participants will be able to:

1. Review the various "levels" of validation in DBT
2. Explain how to integrate validation strategies into client sessions
3. Demonstrate basic knowledge of DBT and Dialectics
4. Demonstrate effective validation strategies
5. Integrate the use of validation to soothe behavioral change methods
6. Demonstrate use of mindfulness activities

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of Cincinnati and the Lindner Center of HOPE. The University of Cincinnati is accredited by the ACCME to provide continuing medical education for physicians.

The University of Cincinnati designates this live activity for a maximum of 2 *AMA PRA Category 1 Credits™*. Physicians should claim only the credits commensurate with the extent of their participation in the activity.

The Ohio Psychological Association under approval number P099-311067501 (2010-2012) approves the University of Cincinnati College of Medicine Department of Psychiatry for 2 mandatory continuing education credits for Ohio Licensed Psychologists.

This activity has been submitted for 2 clock hours of CEU by The State of Ohio Counselor, Social Work, Marriage and Family Therapist Board.

DISCLAIMER

The opinions expressed during the educational activity are those of the faculty and do not necessarily represent the views of the University of Cincinnati. The information is presented for the purpose of advancing the attendees' professional development.

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New Roads
BEHAVIORAL HEALTH