

The following groups meet regularly at Lindner Center of HOPE. All persons attending, except staff and current inpatients, must check in at the Welcome Center to obtain access to the meeting room.

Individual dates are listed on the calendar page on our website at www.lindnercenterofhope.org

SMART Recovery & SMART Recovery Family & Friends

Sundays, 4:00 - 5:30 PM, Meeting Room 1 and Bechtold Board Room (family & friends) at Lindner Center of HOPE
SMART Recovery is a group for people who have chosen to abstain from any type of addictive behavior by teaching them how to change self-defeating thinking, emotions and behaviors. This group is for adult men and women.
Call Alan at **(513) 668-0833** for additional information. www.smartrecovery.org
and Fridays at 8 AM at HOPE Center North 4483 State Route 42, Mason, OH (conference room) **(513) 536-0050**

Parents' OCD Support Group at Lindner Center of HOPE

Second Wednesday of each month, 7:00 - 8:30 PM., Bechtold Board Room at Lindner Center of HOPE
Call Tami at **513-271-7723** or Sharon at **513-891-2879** for additional information and to RSVP.

NAMI Family Support Group

2nd Monday of each month, 7:00 - 8:30 PM, **Now by way Zoom Meeting ID: 939-2298-9617 call: +1 312 626 6799.**
A 90-minute support group for family members and friends of individuals living with a mental illness. Led by trained facilitators.
Contact NAMI Southwest Ohio **(513) 351-3500** www.namiswaoh.org

Eating Disorders Support Groups

1st Friday of each month, 7:00 - 8:00 PM
Meeting Room 1 - **For individuals.** For more information **Tri-State Eating Disorder Resource Team at 812-584-1086**
Meeting Room 2 - **For parents and loved ones** of individuals suffering from eating disorders. **Contact Lara Koman 859-496-1206**

Eating Disorders Family Support Groups

Wednesdays, 5:30 - 7:00 PM
Meeting Room 3 - The groups will offer education, support, and feedback for families as well a caring, safe environment to express concerns. All groups are facilitated by an experienced professional member of the Harold C. Schott Foundation Eating Disorders Program. For the protection of patients and families, confidentiality is expected within this group.
Contact Chelsey Zulia (513) 536-0214

Gambler's Anonymous

Tuesday evenings from 6-9pm, Meeting Room 1 (started 9/12/17)
Gambler's Anonymous support group is an open meeting. The contact is **Carla Dlugos 513-218-1745.**