



Premier Adult Assessment and Residential Services

TRANSFORMING MENTAL HEALTHCARE
WITHIN THE PHASES AND STAGES OF CARE



LINDNER
CENTER OF HOPE



Transforming Patient Care: A Deeper and Wider Approach

Virtually all psychiatric disorders co-occur with other mental health conditions, medical issues or addictions. Patient populations now reflect complex comorbidity rather than diagnosis or co-occurring conditions. Put simply, patients consistently exhibit three or more significant challenges to their well-being. Lindner Center of Hope's premier adult assessment and residential services acknowledge the importance of identifying complex comorbidity in order to improve patient outcomes. In fact, evaluation and assessment is vital in determining the next steps of treatment of complex comorbidity.

The Formula of Assessment and Treatment

Clarity is the Goal

Mental illness and addiction are, more often than not, complex. Every person and their life is unique. Comorbidities add to the complicated nature of mental illness and addiction. Clarifying or teasing out as many details as possible through evaluation and assessment can begin to make an accurate diagnosis and treatment recommendations attainable.

The Approach is Not One-Size Fits All

The unique presentation of mental illness and addiction in every individual, coupled with the level of severity of illness, makes a singular path for evaluation and assessment inadequate in the process of gathering and interpreting information that will ultimately result in answers to the question, "where do we go from here?"

Lindner Center of Hope addresses all phases of assessment.

Our residential offerings offer an individualized path to answers that patients, families and referral sources are seeking. Between our two adult units we can:



Evaluate and stabilize presenting issues



Observe and assess through group therapy and therapeutic milieu involvement



Gather insights through multidisciplinary treatment team rounding and collaboration



Utilize testing instruments identified for each patient's specific concerns



Develop and present clinical recommendations in inclusive feedback sessions



Continue treatment through evidence-based approaches or through referrals to other placements. Extended treatment at Lindner Center of Hope is customized to the individual and in some cases could include Electroconvulsive Therapy (ECT), Transcranial Magnetic Stimulation (TMS) or Esketamine.

We see beyond diagnosis. We see you.

We work beyond the boundaries of
life stages and treat complex
comorbidity on an individual basis.



Lindner Center of Hope residential care may take shape in the following ways:

Late Teens (18 and 19 years old)

- Evaluation and/or assessment to help chart future path
- Early intervention, which improves outcomes
- Coping skills to assist with independence
- Family therapy to address failure to launch issues
- Future planning (college, work, etc)
- Problem solving the challenging start to college
- Education and treatment for emerging/existing substance use issues

Early Adulthood (20 to 35 years old)

- Evaluation and or assessment, including identifying emerging disorders
- Clarify future goals
- Enhancing motivation for recovery
- Values clarification
- Individual identity discovery
- Negotiating mental health issues in college and early career
- Negotiating parenting and mental health/addiction concerns

Mid-Life (35 to 50 years old)

- Evaluation and/or assessment for next steps direction
- Stress management
- Assisting high level professionals with self-care
- Coping with life transitions (i.e., health changes, launching children, divorce, etc)

Mature Adulthood (50 to 80 years old)

- RO DBT is an evidence based treatment that promotes increased flexibility and ease of coping and is often helpful to older adults.
- Evaluation and/or assessment to help plan what is next
- Adjusting to retirement or other life role changes
- Aging, chronic illness, loss of spouse
- Creating a network of support
- Transitioning of family business
- Coping with chronic pain

Late Adulthood (80+ years old)

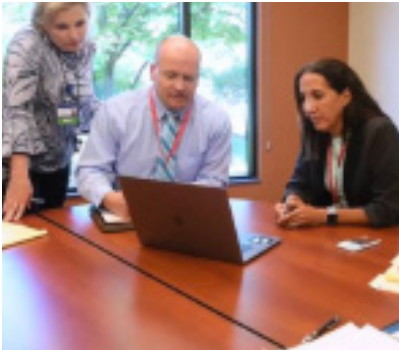
- Evaluation and/or assessment for "what now"
- Coping with aging, failing health, dying
- Coping with chronic pain



A treatment team that prioritizes individual care.

The staff who conduct mental health assessment and treatment are the ones responsible for the outcomes and successes. The impressive team of mental health professionals at Lindner Center of Hope are full time, on-site and highly credentialed in a variety of subspecialties. This transforms the nature of clinical teamwork. MD's and psychologists work side by side on a daily basis to share timely and critical patient information. This is the core of our DNA.

Lindner Center of Hope clinicians are at the top of their game, but often it is our heart-felt (Midwest) approach that makes the difference. This care is part of our DNA.



Subspecialties

- OCD/Anxiety
- Addictive Disorders
- Thought Disorders
- Eating Disorders
- Depression and Bipolar Disorders



When empathy meets excellence, lives are changed.

Our treatment spaces reflect our innovative approaches to care.

Offering a new look for mental healthcare, our programs are nestled in a resort-like, safely-secured setting on wooded acreage. Lodge-like setting on 36 acres, houses single private rooms with baths. A full continuum of mental healthcare, with inpatient units for crisis stabilization, (including a state of the science research center under the supervision of renowned researcher, Susan McElroy, MD) is found in one location, near airports and major highways, and convenient to accommodations for out-of-town families.

Sibcy House: Comprehensive Diagnostic Assessments and treatment in a therapeutic residential setting.



- Complex mental health, addiction or co-morbid issues, including OCD/anxiety
- Neuropsychological testing, sub-specialty evaluations and assessments, and ongoing 24-hour observation
- Intensive treatment
- Next step recommendations
- Treatment extension

Williams House: Stabilizing evaluations in a safe and supportive residential setting (10 days +) and treatment in a therapeutic residential setting.



- Thought disorders, mood disorders, emotional dysregulation, addiction and chronic co-morbid conditions
- Psychiatric evaluations, medication adjustments and detox
- Assessments and 24-hour observation
- Next step recommendations
- Treatment extensions including neuropsychological testing



Please contact our residential admissions team to learn how the Lindner Center of Hope premier assessment and residential services might benefit your clients, you, or your loved one.



LINDNER CENTER OF HOPE

Call 513-536-0537

Or visit [lindnercenterofhope.org/residential-treatment-programs/](https://www.lindnercenterofhope.org/residential-treatment-programs/) to learn more.

4075 Old Western Row Road Mason, Ohio 45040