

Transforming HOPE for the Future

BUILDING ON A FOUNDATION OF EMPATHY AND EXCELLENCE

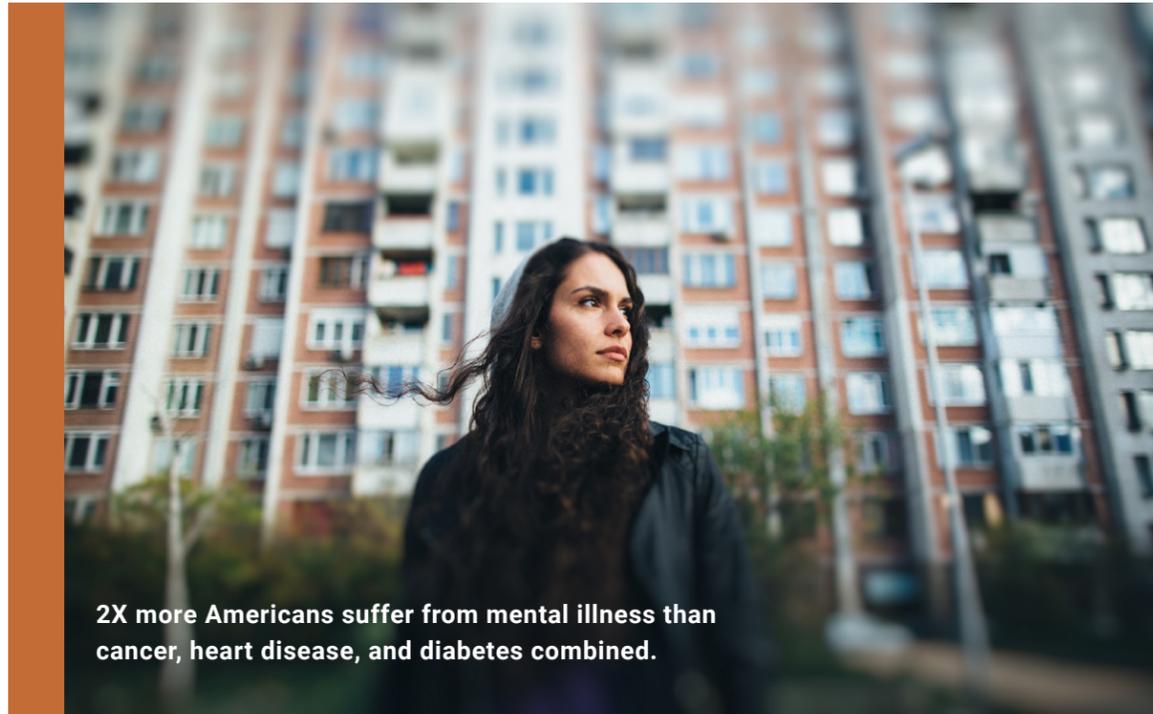


Lindner Center
of HOPE

UIC Health

Mental Health Center of Excellence

Mental illness is our country's number one health problem.



Together, we can ensure people have access to life-changing mental health care now and well into the future.



"Empathy and excellence are the foundations of everything we do at the Lindner Center of HOPE. Empathy is meeting the patient and their family wherever they are on their treatment journey. Excellence provides confidence in the results of our assessment and in partnering with the patient on their path forward in treatment."

- Paul R. Crosby, MD, MBA
President and CEO

Hope is growing. Your gift can change what's possible.

Located on 36 beautiful acres in a serene, wooded setting in the Greater Cincinnati area, Lindner Center of HOPE is a globally renowned non-profit comprehensive mental health center, psychiatric hospital and research institute.

Offering state-of-the-science diagnosis and treatment since 2008, the Center has served as a lifeline to more than 50,000 patients and their families from all 50 states and at least 10 countries. And as the need for mental health care grows, the need for transformational changes at our campus grows as well.



While mental illness has long been the nation's #1 public health problem, the COVID-19 pandemic led to a substantial increase in reports of depression, anxiety, social isolation, substance use, trauma-related symptoms, and suicidal ideation.

The Center is fighting this epidemic, head-on. Since the middle of 2020, our inpatient and residential units frequently have been at or near capacity. Outpatient visits, in-person and virtually, have increased dramatically, as well.

The demand for mental health services is greater and more urgent than ever before and is projected to continue to expand for the next decade.

Greater investment is needed to continue our journey.

The Transforming HOPE campaign: \$30 Million



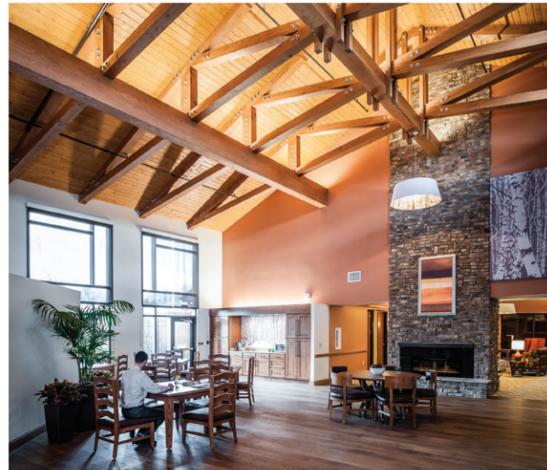
Your support will bring world-class mental health care to more people.

New Assessment Center

Diagnostic precision is the first step towards successful treatment. Lindner Center of HOPE offers a nationally renowned, state-of-the-science residential diagnostic assessment program serving patients near and far.

Included in the transformation plans is a new Assessment Center that will provide:

- Greater capability for both virtual and live assessment
- A dedicated center of excellence for consultation and feedback sessions
- The latest technology throughout



Holistic Wellness Facilities

Evidence supports an integrative approach to mental health that incorporates wellness-related activities and programs such as exercise and fitness, healthy eating, and other services aimed at rejuvenating the body as well as the mind.

These amenities will elevate Lindner Center of HOPE's world-class patient experience and outcomes.



Additional Treatment Spaces

Newly constructed treatment spaces will provide:

- Expansion of Sibcy House, including additional patient rooms, group spaces and common areas
- New treatment units
- Transitional Residential House
- Expansion of Farmer Family Foundation Neuromodulation Center, including innovative Esketamine Clinic
- Clinician office spaces



Recruiting and Retaining the Best Clinicians

Endowment funding will ensure we retain and continue to recruit expert psychiatrists, psychologists, therapists, advance practice nurses, and researchers. Expert and compassionate medical staff is the fundamental ingredient for clinical excellence and outstanding patient outcomes.

However, attracting the best clinicians is an increasingly competitive endeavor. Your support will ensure our success and allow us to continue to build on the legacy of empathy and excellence for years to come.

Transforming HOPE



Your gift speaks volumes.

We are facing the most critical public health issue of our time. **It is imperative to invest in mental health for our families, our friends, ourselves. It will take all of our efforts to transform the mental health landscape.**

Please join us in transforming lives.

Supporting these projects will keep essential mental health services in the Cincinnati area, serving not just this community, but patients and families from the region, country, and world.

How can you help?

By giving, you are helping us expand our facilities, increase the number of patients we serve, and lessen the suffering of people with mental illness.

One-time gifts are welcome and ongoing gifts help even more. Both will support new construction. Or, you can choose to direct your donation to our endowment to recruit and retain world-class clinicians.

Stories of HOPE



Neil and Betsy's Story of HOPE

Adam was distant, sad, and angry going into his teenage years. He was no longer the cheerful, adoring little boy his parents had known; he was someone they didn't recognize anymore – and they didn't know what to do.

He began getting into trouble and using alcohol and drugs to cope with his life. After he trashed their house and was arrested for assaulting a police officer while high on heroin and spent the night in jail, Adam's parents sought help at Lindner Center of HOPE, where he stayed for 28 days in Sibcy House. Adam was suffering from drug addiction, alcoholism, depression, and bipolar disorder,

and the Center turned out to be his lifeline. Adam has now graduated from college, and life is looking a whole lot brighter.

"Betsy and I agree wholeheartedly that without Lindner Center of HOPE it is doubtful that Adam would be alive today and certainly not the productive young man he is now."

— Neil, Adam's father



Tim's Life-Shaping Experience

This was not Tim's first experience with depression. However, this one was taking a physical toll severe enough to prevent him from working. He had spent six weeks in a well-known treatment program without achieving any symptom relief. Over the holidays of 2018, he reached out to the intake department at Lindner Center of HOPE.

Right away, during the admission process, Tim said he felt safe. His wife was able to fully participate in the conversation and the staff was calm and competent. Not only did he receive acute inpatient treatment at Lindner Center of HOPE, but he also spent four weeks at Sibcy House. He completed thirty electroconvulsive therapy (ECT) treatments and the Mindful Transitions Partial Hospitalization Program as well.

"It felt like a lodge at a vacation destination," Tim said of his experience. "The staff were serious and continually advocating for the success of the patients. While on residential I could go to the Faith Center to play the piano and I participated in outings. It was affirming."

Tim said, "I went from panicked, anxious, exhausted and feeling negative about myself to being able to hold the depression outside of myself rather than the depression having a hold on me. If you take Lindner Center of HOPE out of the equation, I would be on disability and would not have returned to a job I find very fruitful."

Just like graduate school helped to shape him, Tim notes, Lindner Center of HOPE has that same place in his life. "Lindner Center of HOPE has been an important place for my own human development."

— Tim, Lindner Center of HOPE patient

HOPE starts here.



For more information about Lindner Center of HOPE, contact:

Lindner Center of HOPE

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