

HAROLD C. SCHOTT EATING DISORDER PROGRAM  
EATING DISORDER FAMILY SUPPORT GROUP

The Harold C. Schott Eating Disorder program welcomes family members to participate in a weekly support group designed to support families of patients with eating disorders.

When:

**Wednesdays from 4pm - 5pm**

Where:

**Virtually via Zoom**

The group offers education, support, and feedback for families as well as a caring, safe environment to express concerns. All groups are facilitated by an experienced professional member of the Harold C. Schott Foundation Eating Disorders Program. For the protection of patients and families, confidentiality is expected within this group.

**Discussion topics:**

- **General education on eating disorders**
- **How to communicate with patients with eating disorders**
- **Inpatient Treatment Routine/Protocol**
- **Providing proper meal support tips**
- **Relapse Prevention strategies**
- **How to take care of yourselves as valuable members of the treatment team.**

**How to Join:**

Contact us directly if you are planning to attend.  
For additional information or if you plan to attend,  
**contact Kathryn Bruno, MT-BC @ (513) 536-0214**