



Couldn't Be More Happy with Lindner Center of HOPE



Donjeana recalls starting to feel low in August of 2022. She was feeling more and more depressed. She was initially introduced to Lindner Center of HOPE when she admitted to

the Adult North unit in February 2023.

"Staff were absolutely fabulous. They worked on getting my medications optimized," Donjeana said.

Post discharge from this initial inpatient stay, Donjeana attended Lindner Center of HOPE's Partial Hospitalization Program, Mindful Transitions. She said initially she had difficulty comprehending the content, but now uses the skills every day.

On Memorial Day, Donjeana did return to inpatient and this time the goal was to get to the root of her problem. Ultimately, her treatment team found that her depression was treatment resistant with just medications, so electroconvulsive therapy (ECT) was

recommended. Donjeana said the discharge from inpatient was smooth and she was able to start outpatient ECT the next morning. She started ECT in June. "It was helping pretty immediately," Donjeana said. "That was the depression breaker."

Donjeana is grateful for the whole experience. The staff on North was so kind and patient. The food was great. "I would send any of my family members there. The nursing team treated me like family."

"The ECT nurses were also wonderful," she said. "They made me feel so comfortable and they had great bedside manner. Dr. Rodriguez is so fun and made me feel comfortable."

"I am 360 degrees better, not just 180 degrees. I couldn't be more happy with the Lindner Center."

Donjeana is back to work and feeling better than her old self.

Thanks so much for the support of my family, friends and my church HCC for all their love and prayers! It takes a village!!!

"Lindner Center literally saved my life."