

Lindner Center of HOPE

Professional Associates

Child and Adolescent Outpatient Services at Lindner Center of HOPE



Mental health is an important part of overall health for children and adults. Childhood and adolescence are critical, formational years with 50% of lifetime mental health diagnoses beginning by age 14, 75% by age 24. Psychiatric illness, unfortunately, can disrupt these important stages of development, yet often go unrecognized or addressed until adulthood. For a young person with symptoms of mental illness, the earlier treatment is started, the better. Early diagnosis and treatment can help prevent more severe, lasting problems as a child transitions to adulthood.

Lindner Center of HOPE Professional Associates outpatient practice has a team of child and adolescent physicians and mental health practitioners that provide **comprehensive diagnostic and treatment services in-person and through telehealth appointments.**

Lindner Center of HOPE provides **outpatient psychiatric consultations, evaluations, psychotherapy (individual and group therapy), psychopharmacology, and neuropsychological testing services for children and adolescents**, as young as age 2 (depending upon the service).

Family education and participation is essential to the success of the treatment and recovery process for children and adolescents. Given the limited availability of formally trained Child & Adolescent providers, the LCOH team would ideally like to collaborate with our primary care colleagues in the surrounding areas, so that once the young person is stable, care management can move to the primary care setting with communication and support from Lindner Center's team. Our team looks forward to partnering with families and the community to best serve the mental health care needs of our youth.

MEET THE LCOHPA CHILD AND ADOLESCENT CORE TEAM:

Tracy Suzanne Cummings, MD
Jessica Kraft, APRN, PMHNP-BC
Heather Melena, APRN, PMHNP-BC
Mary Montemayor, APRN-CNP, PMHNP-BC
Lauren Neiser, MSN, PMHNP-BC
Erin Snider, APRN, PMHNP-BC

TESTING TEAM:

Elisha Eveleigh-Clipson, PhD
Jennifer Farley, PsyD
Stacey Spencer, Ed.D

CHILD/ADOLESCENT GROUP THERAPY OFFERINGS INCLUDE:

- DBT and RO-DBT Skills Groups
- Middle School Girls Self-Esteem Group

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lindnercenterofhope.org

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