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### TUES., OCTOBER 12, 2021

5:30 – 6:30 p.m. EST

For a free webcast



## An introduction to Radically Open Dialectical Behavior Therapy (RO DBT)

PRESENTED BY: **Brett A. Dowdy, PsyD**, Chief of Psychological Services and **Laurie Little, PsyD**, Director of Therapeutic Services, Residential

REGISTRATION: [lindnercenterofhope.org/introductiontorodb-t-webcast/](https://lindnercenterofhope.org/introductiontorodb-t-webcast/)

### Participants in the webcast will be able to:

1. Explain a new biosocial theory for Overcontrol (OC)
2. Identify individuals appropriate for RO DBT treatment
3. Describe the RO DBT treatment structure
4. Describe new RO DBT treatment strategies designed to enhance willingness for self-inquiry and flexible responding.

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opportunities.

### ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of Cincinnati and the Lindner Center of HOPE. The University of Cincinnati is accredited by the ACCME to provide continuing medical education for physicians.

The University of Cincinnati designates this live activity for a maximum of **1 AMA PRA Category 1 Credit™**. Physicians should claim only the credits commensurate with the extent of their participation in the activity.

The Ohio Psychological Association under approval number P099-311067501 (2010-2012) approves the University of Cincinnati College of Medicine Department of Psychiatry for 1 mandatory continuing education credit for Ohio Licensed Psychologists.

### DISCLAIMER

The opinions expressed during the educational activity are those of the faculty and do not necessarily represent the views of the University of Cincinnati. The information is presented for the purpose of advancing the attendees' professional development.