



Stress and Distress! What Now?

Diagnosing, Treating and Managing Adolescents and Emerging Adults in Troubling Times

Thursday, October 15, 2020

4:30pm (London Time) Virtual Meet and Greet

5pm-6pm (London Time) Three 20-Minute Presentations

6pm (London Time) Q&A

Presentations: Each presenter will provide Skills or Strategies with Live and Virtual Implications on each of the following topics

- **The NeuroAffective Relational Model® (NARM®) for Healing Complex Trauma** - Mike Giresi, CAC, CTP, ICADC, NMP, Director of Clinical Development, Family First Adolescent Services
- **Assessing Personality Styles: The Under Controlled Patient (DBT) vs The Over Controlled Patient (RODBT)** - Brett Dowdy, PsyD, Chief of Psychological Services Lindner Center of HOPE
- **Key Strategies in Case Management** - Lauren Casey, PhD, Director of Case Management Services and Lauren Arborio, CADAC II, Owner-Connections in Recovery

Please register for this Virtual Event by Monday, October 12, 2020 at lindnercenterofhope.org/stress-and-distress-what-now/

Hosted by: Tom Parker, Dir. External Relations
Lindner Center of HOPE
www.lindnercenterofhope.org

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