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TUES., OCTOBER 6, 2020

5:30 – 6:30 p.m. EST

For a free webcast



OCD's 10 Biggest Tricks and How to Defeat Them

PRESENTED BY: **Nicole Bosse, PsyD**, Lindner Center of HOPE Staff Psychologist

REGISTRATION: lindnercenterofhope.org/ocd-tricks-webcast

Participants in the webcast will be able to:

1. Identify 10 common therapy interfering false beliefs that are common in OCD
2. Apply effective psychoeducational information shared in the webinar to reduce the strength of the false beliefs that impede OCD recovery
3. Describe ways to weaken cognitive distortions, such as all-or-none thinking, or catastrophizing that tend to fuel the embracing of the false beliefs

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for upcoming
educational
opportunities.

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of Cincinnati and the Lindner Center of HOPE. The University of Cincinnati is accredited by the ACCME to provide continuing medical education for physicians.

The University of Cincinnati designates this live activity for a maximum of **1 AMA PRA Category 1 Credit™**. Physicians should claim only the credits commensurate with the extent of their participation in the activity.

The Ohio Psychological Association under approval number P099-311067501 (2010-2012) approves the University of Cincinnati College of Medicine Department of Psychiatry for 1 mandatory continuing education credit for Ohio Licensed Psychologists.

DISCLAIMER

The opinions expressed during the educational activity are those of the faculty and do not necessarily represent the views of the University of Cincinnati. The information is presented for the purpose of advancing the attendees' professional development.