



Invites you to:

## Narrative Medicine: Creating More Therapeutic Clinical Encounters

presented by Shana Feibel, D.O.

**February 22, 2020**

**12 p.m. - 3 p.m.**

**Lindner Center of HOPE**

**4075 Old Western Row Rd, Mason, OH 45040**

### Schedule

11:30 a.m.-12:00 p.m. Participants arrive/light lunch

11:55 a.m.-12:00 p.m. Presenter offers welcome and brief introduction

12:00 p.m.-2:45 p.m. Presentation

2:45 p.m.-3:00 p.m. Q & A

3 CME/CEU offered. \$20 (includes light lunch)

### **Narrative Medicine: Creating More Therapeutic Clinical Encounters presented by Shana Feibel, D.O.**

Upon completion of this workshop the participants should be able to:

1. Describe the principles behind and the value of narrative medicine as a complement to clinical medical education.
2. Practice a narrative medicine workshop to help recognize the value of understanding differing viewpoints and perspectives.
3. Reflect on the emotions that others are struggling with to better understand the humanity in ourselves and in our patients.

### **What is Narrative Medicine?**

*Narrative Medicine is a particular way of thinking about a patient's narrative as they reveal the story of their illness. The focus is on individuals and their unique stories, not their disease, and on our shared emotions and attitudes and, ultimately, on gaining insight into what makes us human.*

### **Dr. Feibel's Credentials:**

*Before Dr. Feibel attended medical school and a psychiatry residency, she graduated with an M.A. in Film History and an M.F.A. in Screenwriting from The U.C.L.A. School of Theater, Film and Television. She is a published author, filmmaker and an award-winning screenwriter. In 2017, she became one of the first graduates of the on-line Graduate Professional Certificate Program in Narrative Medicine from Columbia University, where modern Narrative Medicine began. She has given Narrative Medicine workshops across the country. In June, 2019, she spoke about Narrative Medicine at The CHCI Health and Medical Humanities Summer Institute in Paris, France.*

**REGISTER AT: [lindnercenterofhope.org/narrative-medicine/](http://lindnercenterofhope.org/narrative-medicine/)**

**Register by February 14.**

If you have additional questions contact Pricila Gran at [pricila.gran@lindnercenter.org](mailto:pricila.gran@lindnercenter.org) or **513-536-0318**.

**More on Narrative Medicine:**

*Very simply, narrative medicine honors the story that the patient is telling. It fortifies clinical practice with the ability to recognize, absorb, interpret, and be moved by stories of illness. One of the biggest challenges in medicine is being able to understand that a patient's story is not just a description of symptoms, but an emotional, living story that is shared between the patient and clinician. The ultimate goal is for the patient to feel that their story has truly been heard by the clinician and for the clinician to better understand the patient's needs.*

*The principles behind narrative medicine can be taught in discussions and workshops. The workshop centers around the close analysis of stories, works of art and music. Critical thinking questions are posed which help to facilitate and hone skills of close observation. It has been found that these skills can later help clinicians during difficult patient encounters. As Dr. Charon, the founder of Narrative Medicine, states, "if close reading helps people to discover things they would not have noticed, perhaps it might help clinicians to notice what their patients are trying to tell them." This points directly to the idea that narrative medicine is a unique way to compliment clinical medical education*

**ACCREDITATION STATEMENT**

This live activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the University of Cincinnati and the Lindner Center of HOPE. The University of Cincinnati is accredited by the ACCME to provide continuing medical education for physicians. The University of Cincinnati designates this live educational activity for a maximum of 3 *AMA PRA Category 1 Credits*™. Physicians should claim only the credits commensurate with the extent of their participation in the activity.

The Ohio Psychological Association under approval number P099-311067501 (2010-2012) approves the University of Cincinnati College of Medicine Department of Psychiatry for 4 mandatory continuing education credits for Ohio Licensed Psychologists.

**DISCLAIMER**

The opinions expressed during the educational activity are those of the faculty and do not necessarily represent the views of the University of Cincinnati. The information is presented for the purpose of advancing the attendees' professional development.

*Target Audience:* Psychiatrists, Primary Care Physicians, Non-psychiatric MDs, Nurse Practitioners, Social Workers, Psychologists, Registered Nurses, Mental Health Specialists and interested parties as well.

CMEs and CEUs offered. Check in at Welcome Center. Free parking.

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