



Invites you to:

Medical Psychiatry Updates 2019

A Continuing Education Lecture (4 CME/CEUs)

September 14, 2019 (Saturday)

1:00 p.m. to 5:00 p.m. (Registration and Lunch at 12:00 noon)

Lindner Center of HOPE

4075 Old Western Row Rd, Mason, OH 45040

Fee: \$40 for MDs and \$20 for Non-MDs

I. The ABCs of OSA: An Overview of Obstructive Sleep Apnea - Dr. Anthony Suchoski, MD

Learning Objectives: Upon completion, the participants should be able to:

1. Understand pathology and prevalence of Obstructive Sleep Apnea (OSA)
2. Discuss potential consequences and economic impact of untreated or under-treated OSA
3. Identify risks and co-morbidities associated with OSA
4. Recommend appropriate diagnosis and screening procedures used to identify OSA
5. Discuss various treatment options and long-term management of patients with OSA.

II. Internet Use Disorder - Dr. Chris Tuell, EdD, LPCC-S, LICDC-CS, Lindner Center of HOPE Clinical Director of Addiction Services

Learning Objectives: Upon completion, the participants should be able to:

1. Demonstrate a better understanding of Internet Use Disorder and the impact upon youth.
2. Describe the relationship between Internet Use Disorder and mental health (co-occurring disorders) and what implications this has for youth with respect to treatment, health and wellness.
3. Identify the role of the addictive brain in Internet Use Disorder, as well as the power of the Internet.

III. Integrative Mental Health - Amanda Porter, MSN, APRN, FNP-C, PMHNP-BC, CARN-AP, Lindner Center of HOPE, Psychiatric Nurse Practitioner, Outpatient Services, Integrative Mental Health Practitioner

Learning Objectives: Upon completion, the participants should be able to:

1. Define Integrative Mental Health.
2. Name two integrative mental health testing options.
3. Name three integrative mental health treatment options.
4. Describe how to refer for an Integrative Mental Health Consult.

IV. Rapid Access Service (RAS) @Lindner Center of HOPE - Gima Albers, MSW & Nelson F. Rodriguez, MD, FAPA, Lindner Center of HOPE, Staff Psychiatrist

Learning Objectives: Upon completion, the participants should be able to:

1. Understand the challenges and ways to access mental health care.
2. Describe the LCOH Rapid Access Service (RAS)
3. Identify the demographics of patients seen at the Rapid Access Service (RAS)
4. Understand the common diagnoses and challenges encountered at the RAS.

This event is in partnership with the Association of Philippine Physicians in Greater Cincinnati, Inc. (APPGC).

ACCREDITATION STATEMENT

This live activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the University of Cincinnati and the Lindner Center of HOPE. The University of Cincinnati is accredited by the ACCME to provide continuing medical education for physicians. The University of Cincinnati designates this live educational activity for a maximum of 4 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credits commensurate with the extent of their participation in the activity.

The Ohio Psychological Association under approval number P099-311067501 (2010-2012) approves the University of Cincinnati College of Medicine Department of Psychiatry for 4 mandatory continuing education credits for Ohio Licensed Psychologists.

Lindner Center of HOPE has been approved by the State of Ohio Counselor, Social Work, Marriage and Family Therapist Board as an APPROVED PROVIDER (#RSX090801) for social work continuing education units and as an APPROVED PROVIDER (#RCX071001) for counselor continuing education units. This program has been approved for 4 clock hours of CEU.

DISCLAIMER

The opinions expressed during the educational activity are those of the faculty and do not necessarily represent the views of the University of Cincinnati. The information is presented for the purpose of advancing the attendees' professional development.

Target Audience: Psychiatrists, Primary Care Physicians, Non-psychiatric MDs, Nurse Practitioners, Social Workers, Psychologists, Registered Nurses, Mental Health Specialists and interested parties as well.

CMEs and CEUs offered. Check in at Welcome Center. Free parking.

Please register by September 1st, 2019 by contacting:

Pricila Gran at pricila.gran@lindnercenter.org or **513-536-0318**.

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