



# Resources for Depressed Adolescents

## In A Crisis

### 911- for Emergencies

Lindner Center of HOPE 513-536-HOPE (4673)

**Mobile Crisis Team 513-584-8577**

**Psychiatric Evaluation and Response Center (PERC)  
Cincinnati Children's Hospital 513-636-4124**

**Crisis Intervention/Suicide Prevention  
513-281-CARE (2273)**

## For Outpatient Treatment

Lindner Center Professional Associates 513-536-HOPE (4673)

Primary Care Physician (pediatrician or family practice doctor)

Insurance company- mental health service referral line may be listed on insurance card or in-network providers may be listed on a website or in a handbook

## For Partial Hospitalization/Day Program

Lindner Center of HOPE 513-536-HOPE (4673)



4075 Old Western Row Road  
Mason, Ohio 45040  
513-536-HOPE (4673)

# Community Mental Health Resources:

## Hamilton County

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### **Mental Health Access Point (MAP) 513-558-8888**

The gateway to all agencies of the Hamilton County public mental health system providing assessment, support, and connections for individuals and families who are in need of mental health services.

### **Beech Acres Parenting Center 513-231-6630**

Offers a wide array of services to strengthen families for children

### **Camelot 513-961-5900**

Programs include In Home Counseling, Therapeutic Foster Care, Outpatient counseling, Case Management, and adoptions.

### **Centerpoint Health 513-221-HELP (513-221-4357) <http://centerpointhealth.org>**

Comprehensive behavioral health care with five neighborhood-based locations throughout Hamilton County serving children, adults and families via Outpatient Counseling, Adult Case Management, Adult Support Services, and Crisis and Prevention Services

### **Central Clinic 513-558-5823 [www.centralclinic.org](http://www.centralclinic.org)**

Provides outpatient and culturally sensitive mental health and substance abuse services for children and adults, including those coming through the criminal justice system

### **Children's Home of Cincinnati 513-272-2800 [www.thechildrenshomecinti.org](http://www.thechildrenshomecinti.org)**

Adoption services, education, and mental health services for children with special education needs and with mental health diagnoses

### **Catholic Social Services 513-489-8898 [www.cssdoorway.org](http://www.cssdoorway.org)**

Provides mental health counseling and enrichment programs to promote people's well being

### **Fernside Center for Grieving Children and Families 513-745-0111**

Provides peer group support for grieving children, teens and their parents or guardians

### **Glad House 513-641-5530**

Comprehensive After School / Summer intervention for children ages 5-11 whose parents are substance dependent. Graduates can continue in our GLAD Hands Club, a weekend follow-up for youth up to age 18.

### **Jewish Family Services 513-469-1188**

Provides family counseling to individuals, couples and families of all ages.

### **Lifepoint Solutions [www.lifepointsolutions.org](http://www.lifepointsolutions.org)**

A merger between Family Services and Clermont Counseling Center; a comprehensive counseling agency with expertise in mental health diagnosis and treatment

### **Lighthouse Youth Crisis Center 513-961-4080 [www.lys.org](http://www.lys.org)**

Emergency housing, respite, stabilization and crisis counseling

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[www.lindnercenterofhope.org](http://www.lindnercenterofhope.org)

**Pressley Ridge** 513-559-1402 [www.pressleyridge.org](http://www.pressleyridge.org)

Residential services, treatment foster care services, including Individual residential treatment homes, individual shelter homes, adoption, and respite care. Community-based services, including intensive case management wraparound, family-based mental health and family preservation services. Education, including an Autism program, a day school, a school for the deaf and wilderness programs

**St Aloysius Orphanage** 513-242-7600

A family teaching center offering a range of outpatient services, chartered school, group homes, therapeutic foster care, and crisis respite

**St Joseph Orphanage** 513-741-5788

Provides crisis stabilization and short term residential treatment, outpatient services, day treatment, case management and foster care.

## Warren County

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**Mental Health Recovery Centers of Warren and Clinton Co.** 513-398-2551 [www.mhrsonline.org](http://www.mhrsonline.org)

**Comprehensive Counseling Services** 513-424-0921 [www.comprehensivecounselingservice.com](http://www.comprehensivecounselingservice.com)

**LIFESPAN, Inc.** 513-868-3210 [www.lifespanohio.org](http://www.lifespanohio.org)

1054 Monroe Avenue Lebanon, OH 45036

**Warren County Community Services Cincinnati/Butler/Butler/Maineville** 513-925-2249

[www.wccsi.org](http://www.wccsi.org)

Information & Referral (I & R): Links callers to social services available in Warren County and surrounding areas. Trained and certified I&R specialists give callers information and options concerning their needs.

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## Hotlines

**Drug and Poison Information Center** 513-636-5111 or 800-222-1222

Answers questions about drug and poison products

**National Suicide Hotline Number:** 1-800-273-TALK

**Local Suicide Prevention Hotline:** 877-695-6333

**Suicide Prevention** 513-281-CARE (2273)

**United Way 211, dial 2-1-1**

Referral resource for health and human services

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[www.lindnercenterofhope.org](http://www.lindnercenterofhope.org)

## Websites and Associations

**Ohio Department of Mental Health (ODMH)** [www.ResiliencyOhio.org](http://www.ResiliencyOhio.org)

Designed to help children & youth with mental health challenges and their families strengthen their paths to mental wellness with resiliency

**Mental Health America of Southwest Ohio** 513-721-2910 [www.mhaswoh.org](http://www.mhaswoh.org)

(formerly known as the Mental Health Association of Southwest Ohio)

Provides advocacy, education and the coordination of services including monthly roundtables, information and referral, suicide prevention, Compeer Supportive Friendship and the Support Group Clearinghouse for Hamilton and Warren counties

**Families for Depression Awareness** 781-890-0220 <http://familyaware.org>

email: [info@familyaware.org](mailto:info@familyaware.org)

**The Ohio Federation for Children's Mental Health** [www.ohiofederation.org](http://www.ohiofederation.org)

A statewide family coordination and advocacy organization dedicated to supporting children and youth who experience mental, emotional and or behavioral disorders and their families. The federation provides individual and systems advocacy, navigational support and technical assistance to facilitate partnerships

**National Federation of Families for Children's Mental Health** [www.ffcmh.org](http://www.ffcmh.org)

**NAMI (National Alliance on Mental Illness)** 513-351-3500

4790 Red Bank Expressway, Suite. 218, Cincinnati, OH 45227

Grassroots organization that offers hope and help to family members and individuals affected by mental illness. Family to Family and Peer to Peer Programs offer support for those diagnosed with mental illness and their families

**Child and Adolescent Bipolar Foundation** [www.bpkids.org](http://www.bpkids.org)

Improving the lives of families raising children and teens living with bipolar disorder and related conditions by providing community resources, connection and hope while supporting research, advocacy, and public awareness

**Depression and Bipolar Support Alliance (DBSA)** 866-854-9154 [www.dbsalliance.org](http://www.dbsalliance.org)

Great information regarding 'helping someone with a mood disorder'; provides support and education to people diagnosed with depression, bipolar and other mood disorders and welcomes family members, friends and service providers to support group meetings. Most support groups are run by volunteers and provide self-help through facilitated meetings. The toll-free number for DBSA-Ohio is

**Ohio Department of Mental Health** <http://mentalhealth.ohio.gov>

Under 'Getting Treatment' there is an excellent interactive map of providers and a resource list

**Cincinnati Children's Hospital Medical Center Special Needs Resource Directory**

[www.cincinnatichildrens.org/svc/alpha/c/special-needs/resources/mental-health.htm](http://www.cincinnatichildrens.org/svc/alpha/c/special-needs/resources/mental-health.htm)

A comprehensive list of community resources

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[www.lindnercenterofhope.org](http://www.lindnercenterofhope.org)

**Massachusetts General Hospital, School Psychiatry Program** [www.schoolpsychiatry.org](http://www.schoolpsychiatry.org)

**The National Institute of Mental Health (NIMH)** [www.nimh.nih.gov](http://www.nimh.nih.gov)

**American Academy of Child Adolescent Psychiatry (AACAP)** [www.aacap.org](http://www.aacap.org)

**The Ohio Federation for Children's Mental Health** [www.ohiofederation.org](http://www.ohiofederation.org)

**The Substance Abuse and Mental Health Services Administration's (SAMHSA)** [www.samhsa.gov](http://www.samhsa.gov)

**American Academy of Pediatrics (AAP)** [www.aap.org](http://www.aap.org)

**Suicide Awareness Voices of Education (SAVE)** **1-800-273-8255** [www.save.org](http://www.save.org)

**American Association of Suicidology** [www.suicidology.org](http://www.suicidology.org)

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[www.lindnercenterofhope.org](http://www.lindnercenterofhope.org)