

# Lindner Center of HOPE Shares Patient Improvement

Report from April 1, 2013 to June 30, 2013

The CGI-S scores range from 1 (normal, not at all ill) through to 7 (among the most severely ill).

- 1 = Normal, not at all ill
- 2 = Borderline mentally ill
- 3 = Mildly ill
- 4 = Moderately ill
- 5 = Markedly ill
- 6 = Severely mentally ill
- 7 = Among the most extremely ill patients

**Usage of the Scale:** The CGI-S (severity) is used at admission and discharge for both adult inpatient units, Sibcy House diagnostic and short-term residential unit and Adult Partial Hospitalization Program. The Mean of the CGI-S scores at admission and discharge are assessed as well as the mean of the change between scores from admission to discharge.

**Interpretation of Results:** An improvement of 1 point or greater is considered clinically significant and meaningful improvement. These results align with positive patient satisfaction scores. The graphs represent all patients who received both a CGI score at admission and at discharge. The numbers above the bars represent the average score for those patients.

## More on the Web - lindnercenterofhope.org

### > Library of Resources

This library offers resources that will enhance the understanding of mental illness, specific diagnoses, and treatment options.

### > Treatment Teams

Lindner Center of HOPE has a diverse team offering patients and families expertise in diagnosis and treatment.

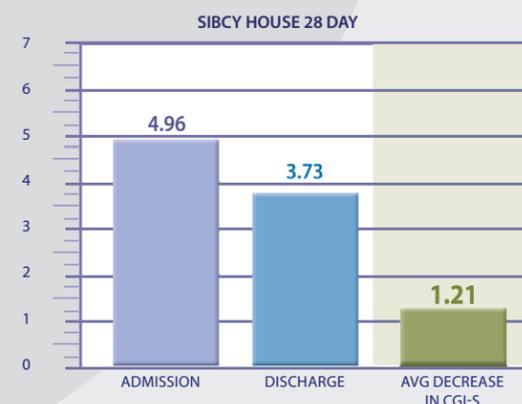
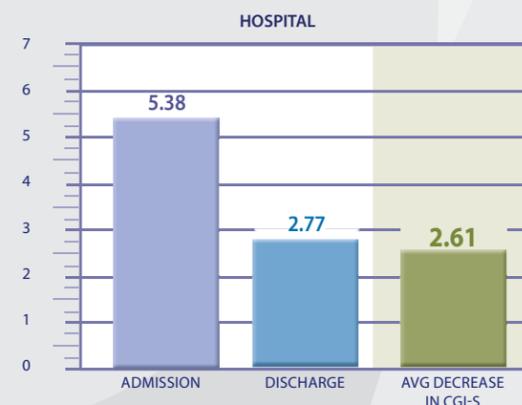
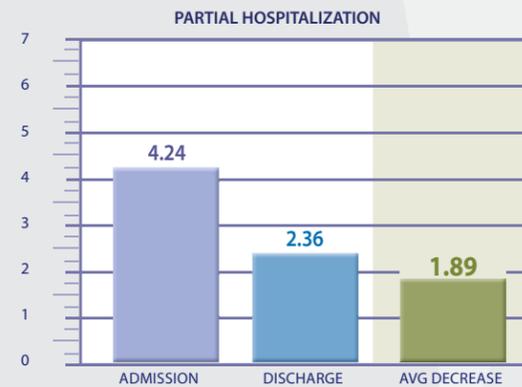
### > Support Groups

Review the list of support groups available at the Center.

### > For the Patient with Complex, Co-Morbid Needs

## Clinically Significant Decreases in Illness Severity

### The CGI-S Results (Apr 1 – June 30, 2013)



# The Source

Lindner Center of HOPE |  Health™

PSYCHIATRY AND PSYCHOLOGY NEWS FOR MENTAL HEALTH PROFESSIONALS

AUGUST 2013



## Events

### August 15

Paul Crosby, MD, presents to faculty at Good Samaritan College of Nursing on ADHD

### August 18

Lindner Center of HOPE 5th Anniversary

### August 23

8:30 a.m. to 4 p.m.  
at Child Focus, Inc. Training Center  
**Introduction to Motivational Interviewing: Helping Others Embrace Change** presented by Brett Dowdy, PsyD  
Click here to learn more: <http://events.r20.constantcontact.com/register/event?oeidk=a07e7mr8n1x99af761&llr=sux5mvcab>

### September 7

11 am to 5 pm  
**Psychiatric Issues and Updated for Primary Care, 4 CME/CEU**, Lindner Center of HOPE Gymnasium/Conference Center  
Click to view flyer: [http://library.constantcontact.com/download/get/file/1101916237166-649/CME+for+PCP+Sept+7\\_2013.pdf](http://library.constantcontact.com/download/get/file/1101916237166-649/CME+for+PCP+Sept+7_2013.pdf)

### September 17

1 p.m. to 4 p.m.  
5/3 Center at the United Way Building  
**Chris Tuell, EdD, LPCC-S, LICDC**, presents:  
**Substance Abuse in Adolescents, Mental Health America**

## Patient Satisfaction

Patient Satisfaction results for July 2013 averaged a rating of **4.5 out of 5**, with 5 signifying the best possible care.



## Thank You for Support

*This month Lindner Center of HOPE celebrates its five-year anniversary. This milestone would not have been possible without the support and collaboration of our referrers. Thank you for all you do to offer HOPE to people suffering with mental illness.*

## Net Gain Earned Three Months of FY13

As a result of excellent patient care, expanded programming, consistent higher volumes, improved cash collections, and diligent expense control, Lindner Center of HOPE achieved a net gain from operations for April, May and June of 2013. It has taken everyone's efforts to achieve these results and it is nothing short of remarkable.

## Lindner Center of HOPE Stats Over the Last Five Years

Since Lindner Center of HOPE opened in 2008 it has made a positive impact on mental health care in Greater Cincinnati.



- Over 22,000 patients have received services from 45 different states including HI and DC, but also draw patients internationally from Guam Abu Dhabi, Bahamas, Ontario and British Columbia
- Over 5,400 hospital admissions.
- More than 10,500 people have made more than 168,000 outpatient visits. There were also more than 1,000 seniors and community outreach recipients receiving nearly 8,000 services
- Over 600 people have been admitted to Sibcy House (residential care).
- More than 400 people have received neuromodulation services including Transcranial Magnetic Stimulation (TMS) or Electroconvulsive Therapy (ECT).

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[www.lindnercenterofhope.org](http://www.lindnercenterofhope.org)

513-536-HOPE (4673)

Lindner Center of HOPE |  Health™

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Lindner Center of HOPE?

Contact Katie Hamm at (513) 536-0324.

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- The Research Institute has received more than 35 grants totaling close to \$3 million. The group has also published more than 60 original articles appearing in over 31 peer-reviewed journals.
- The Research Institute team has contributed to 10 book chapters.
- The Research Institute has team presented at numerous international conferences including:
  - World Psychiatric Association International Congress
  - Annual Meeting of the New Clinical Drug Evaluation Unit
  - The Obesity Society Annual Scientific Meeting
  - Annual Neuroscience Meeting
  - American Psychiatric Association Annual Meeting
  - World Congress of Psychiatry Meeting
  - Academy of Eating Disorders International Annual Conference
  - American Society for Experimental Biology and Therapeutics
  - Association for Behavioral and Cognitive Therapies



## In The News

### Construction Begins at Lindner Center of HOPE



Lindner Center of HOPE's Board of Trustees has approved a new building project whereby the Center will be relocating our current Sibcy House (i.e. adult residential diagnostics and treatment program) to a new addition to create space for a new Adolescent Comprehensive Diagnostic Program. The new adolescent program will be located on our current Adult South Patient Care Unit. Our Adult South inpatient unit will be relocated to the current Sibcy House Patient Care Unit once the new addition is built and patients are relocated to that new space.

The new addition will be located on the southwest corner of the existing facility and consist of 15,783 square feet, include conference room space, a pedestrian walkway/connector and the 16 bed Sibcy House. Four (4) of the 16 beds will be suites. Building architecture will remain consistent with the existing building. A new, secure entrance to the facility will be located on the west side of the addition. This entrance will be for residential patients.

The construction trailer was installed on July 26, 2013 and construction fencing was installed on August 1, 2013. Site work will continue through mid-September.

## Two Educational Events Expose More Than 140 Potential Referrers to Lindner Center of HOPE In May

**Bipolar disorder evolves differently in patients who also binge eat, a study by Mayo Clinic, the Lindner Center of HOPE and the University of Minnesota found.**

Binge eating and obesity often are present among bipolar patients, but the mood disorder appears to take a different path in those who binge eat than it does in obese bipolar patients who do not, the researchers discovered. The findings are published online in the *Journal of Affective Disorders*.



To read the whole article, click here: <http://medicalxpress.com/news/2013-07-bipolar-disorder-path-patients-binge.html>.

## Fourth Quarter FY 13 Patient Outcomes Data Reflects Clinically Significant Improvement

Patient improvement at Lindner Center of HOPE for Quarter 4 of fiscal year 2013 remained clinically significant for patients receiving inpatient, partial hospitalization and Sibcy House services. Check the detailed results in the attachment. Click here to review report: <http://medicalxpress.com/news/2013-07-bipolar-disorder-path-patients-binge.html>.

### Referrer Satisfaction

Results from a July 2013 survey of referrers to Lindner Center of HOPE showed high levels of satisfaction among the responders. On a five point scale, with five being the highest level of satisfaction, referrers on average, ranked their experience a 4.192 over the course of Quarters 3 and 4 of fiscal year 2013.

**Congratulations to Jeff Rhein with Solutions CCRC**, the winner of the \$100 gift card for participation in the survey.

## The Research Institute of Lindner Center of HOPE Update

Recruitment will begin in September for a prospective, double-blind, randomized, parallel-group, sham-controlled feasibility trial of multi-coil Transcranial Magnetic Stimulation (TMS) for the treatment of major depressive disorder.

Recruitment will start in the Fall for a new major depressive disorder study sponsored by Forest. The study is a phase 3, double-blind, placebo-controlled study of Cariprazine as adjunctive therapy in major depressive disorder.

Currently the Research Institute at Lindner Center of HOPE is recruiting for bipolar research studies, binge eating disorder studies, a major depression study and an anxiety study. For more information click here [www.LCOH.info](http://www.LCOH.info).

## Bipolar Disorder evolves differently in patients who binge eat, according to a study in which Lindner Center of HOPE participated

Bipolar disorder evolves differently in patients who also binge eat, a study by Mayo Clinic, the Lindner Center of HOPE and the University of Minnesota found. Binge eating and obesity often are present among bipolar patients, but the mood disorder appears to take a different path in those who binge eat than it does in obese bipolar patients who do not, the researchers discovered. The findings are published online in the *Journal of Affective Disorders*.

To read the whole article, click here: [www.LCOH.info](http://www.LCOH.info). Johns Hopkins University, Medical University of South Carolina, University of Louisville, University of Michigan, University of Pennsylvania and Weill Cornell Medical College.