

The Source

Lindner Center
of HOPE



PSYCHIATRY AND PSYCHOLOGY NEWS FOR MENTAL HEALTH PROFESSIONALS

APRIL 2014



Events

May 2 **6 to 8:30 p.m.**
New Sibcy House Open House for Our Collaborative Partners, Sibcy House at Lindner Center of HOPE, Attire: Business Casual
RSVP: Invited guests should let us know if you will be stopping by, contact pricila.gran@lindnercenter.org or (513) 536-0318.

May 3 **9 to 11 a.m.**
Public Open House, Saturday, May 3, 2014, Lindner Center of HOPE, Sibcy House

May 3 - 7
American Psychiatric Association Conference, Lindner Center of HOPE exhibits

May 6
Grand Rounds, Noon, Lindner Center of HOPE, A Conceptual Framework for Marital and Family Complexity: Self Organized Criticality and Game Theory, Michael O'Hearn, LISW-S, Clinical Director, Center for Stress Related Disorders, Adjunct Instructor - COM, UC Dept. of Psychiatry & Behavioral Neuroscience

May 6-9
Lindner Center of HOPE attends IECA 2014 Spring Conference in Indianapolis

May 10 **10 a.m.**
NAMI Walks, Hamilton County, Sawyer Point

May 14 **7:30 to 8:30 p.m.**
Evening with the Experts: Understanding antidepressants: A look at side effects and side effect management, presented by **Mary Jo Pollock, MSN, CNS**, Lindner Center of HOPE Advanced Practice Nurse, Mason Community Center

May 15 **8:30 a.m. to 12:30 p.m.**
Faith Leaders Conference: Faith and Eating Disorders: Building on Faith to Promote Healing, Lindner Center of HOPE

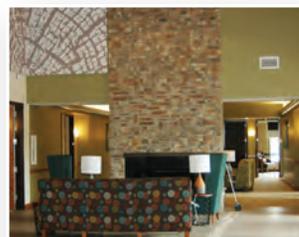


Construction on the new Sibcy House is Nearly Complete

Workers are putting the finishing touches on the new Sibcy House therapeutic environment, opening to patients May 5, 2014. The new space will offer an even higher quality experience. Flanked by its own lodge-style entrance with exposed timbers, the space will be completely new, while still connecting to the main Lindner Center of HOPE facility. Upgraded private patient rooms (16 rooms) and therapeutic spaces are designed to enhance comfort and programming. A community dining space on the unit, featuring a fireplace and vaulted ceilings, offers a versatile space for eating and activities. An additional living space with a fireplace and large screen television will serve as both a conversation and activity area. A multi-purpose room and two group rooms are integrated into the unit, offering flexible space for individual or group therapy and activities. Four suites, among the 16 rooms, are available on the unit for those patients desiring added amenities.

Sibcy House continues to welcome patients to the existing unit, while the new therapeutic environment is being completed.

Call today to confidentially discuss how Sibcy House may benefit you or your loved one.
(513) 536-0537/(888) 53-SIBCY.





Opening May 12, 2014!

Adolescent Comprehensive Diagnostic Assessment and Short-Term Intensive Treatment Program

This specialized and intimate unit will be located within Lindner Center of HOPE. It will offer a comprehensive diagnostic assessment and short-term intensive treatment program for patients, age 11 through 17, suffering with complex, co-morbid mental health issues.

Adolescence is a critical time when physical, cognitive, and social changes allow a teenager to develop the identity that will serve as a basis for their adult lives. Unfortunately, research indicates this is also the time when psychiatric illness develops and become more frequently present. The significant impact of these illnesses at this tender time, makes early and accurate diagnosis, effective treatment planning, and the development of a solid blueprint for effective treatment and a realistic future focus, even more crucial.

Adolescent Comprehensive Diagnostic Assessment and Short-Term Intensive Treatment Program, a private pay program, features:

- A quick and smooth referral and intake process.
- A safe and welcoming environment that meets the adolescent where they are.
- A highly credentialed treatment team, with access to 45 clinical consultants.
- Specialization in complex mental health and addictive disorders.

- An evidence-based compilation of psychiatric and neuropsychological testing.
- A comprehensive assessment resulting in a detailed but concise diagnostic picture.
- Genetic testing for developing the optimal psychopharmacologic treatment plan.
- A structured milieu model with CBT and DBT as a foundation.
- A strengths-based approach to treatment recommendations and development of future focus.
- A licensed teacher collaboratively working with the treatment team and home school contacts.
- Parent involvement and education.
- Follow-up support for up to 3 months after discharge.
- A network of HOPE for further treatment referrals for patients and families.

Check for more details as we prepare to open this program to patients May 12, 2014.



2 CONTINUING EDUCATION CREDITS



Save the Date for the Faith Leaders Conference

Half-Day Workshop for Leadership and Care Providers of Faith Communities

For: Clergy, Faith-based Social Service Workers, Therapists, Counselors and Mental Health Professionals

Faith and Eating Disorders: Building on Faith to Promote Healing

A look at eating disorders, risk factors, how to approach the subject and what resources are available to help.

Join us for a half-day, discussion designed to strengthen your understanding of eating disorders, the spectrum of these illnesses, genetic and environmental risk factors, and the role of faith in reducing isolation and helping families through the healing process.

Thursday, May 15, 2014

8:30 a.m. – 12:30 p.m. at Lindner Center of HOPE, 4075 Old Western Row Rd., Mason, OH 45040

Discussion sponsored by NAMI affiliates of Butler, Clermont, Hamilton, and Warren counties and Lindner Center of HOPE in Mason, Ohio.

Hurry! Seating is limited! Registration closes May 7, 2014, 2 CEU credits offered.

Thursday, May 15, 2014

8:30 a.m. to 12:30 p.m.

Lindner Center of HOPE
4075 Old Western Row Rd.
Mason, OH 45040

Presenter: **Anne Marie O'Melia, MS, MD**

Lindner Center of HOPE, Medical Director, Harold C. Schott Foundation Eating Disorders Program at Lindner Center of HOPE, Assistant Professor in the Departments of Psychiatry and Pediatrics at University of Cincinnati

Event Cost:

\$35.00

Includes continental breakfast

Registration closes May 7, 2014.

To register or for more information, visit www.lindnercenterofhope.org/faith or contact Pricila at (513) 536-0318.



The Research Institute at Lindner Center of HOPE Update

The Research at Lindner Center of HOPE is beginning two new studies.

The first is a smoking cessation study. The Brainsway Deep Transcranial Magnetic Stimulation (DTMS) device is intended as an aid to smoking cessation. The aim of the study is to evaluate the safety and efficacy of DTMS compared to sham treatment as an aid to smoking cessation in chronic, heavy (>10 cigarettes/day) cigarette smokers in a randomized, prospective, 4 month, double blind, multicenter study design. Official start date is being determined.

The second study is a new depression study. This is a randomized, placebo-controlled, single-dose study examining a novel NMDA receptor functional partial agonist (NR 1074) in the treatment of major depressive disorder. Potential candidates will be males and females, ages 18-56, experiencing moderate symptoms of depression for at least 8 weeks prior to study start.

Dr. Susan McElroy, Lindner Center of HOPE, Chief Research Officer, and members of the Harold C. Schott Foundation Eating Disorders Team participated in a UC Health system-wide Obesity and Disordered Eating Forum on Tuesday, April 15, 2014. Ultimately, the objective of the forum was to generate ideas for potential collaboration around services that address these key issues.

Patient Satisfaction

Patient Satisfaction results for March 2014 averaged a rating of **4.39 out of 5**, with 5 signifying the best possible care.

Planning on attending IECA in Indianapolis?

IECA 2014 Spring Conference is a great time to connect with Lindner Center of HOPE in Cincinnati, OH and learn more about its expertise in comprehensive diagnostic assessment available in its Sibcy House program for adults and new adolescent diagnostic and intensive treatment program opening in May 2014.

You can connect with us at IECA by:

- Talking with us at Link 'n Learn on May 6.
- Scheduling an appointment with us during the conference.
- Catching us in the conference hotel lobby. We'll be the ones wearing hard hats, May 8-9.
- Joining our President and CEO for lunch on May 8.
- Coming by our table at the Information Swap on May 9, 1:30-3:30 p.m.
- Or schedule a visit before or after IECA and check out our facility in person.

For more information:

contact Tom Parker at (513) 805-3534 or tom.parker@lindnercenter.org.

For admissions:

contact Kathleen Neher at (513) 536-0537 or kathleen.neher@lindnercenter.org.

Come see us during a Public Open House

Friday, May 2, 2014, 6 to 8:30 p.m.

**Lindner Center of HOPE
Sibcy House
4075 Old Western Row Rd.
Mason, Ohio 45040**

Tours, brief informational presentations, interaction with treatment team members and heavy appetizers.

Visit the new Sibcy House, a comprehensive diagnostic and intensive treatment program, and learn more about the soon to open, Adolescent Comprehensive Diagnostic and Intensive Treatment Program.

RSVP to Pricila at pricila.gran@lindnercenter.org or (513) 536-0318.

More on the Web - lindnercenterofhope.org

> Library of Resources

This library offers resources that will enhance the understanding of mental illness, specific diagnoses, and treatment options.

> Treatment Teams

Lindner Center of HOPE has a diverse team offering patients and families expertise in diagnosis and treatment.

> Support Groups

Review the list of support groups available at the Center.

> For the Patient with Complex, Co-Morbid Needs

A short-term residential treatment center where clinicians are dedicated to bringing the latest treatment methods to optimize successful patient outcomes. Call (513) 536-0537 to learn more about Sibcy House.

www.lindnercenterofhope.org

(513) 536-HOPE (4673)

Lindner Center
of HOPE |  UC Health™

4075 Old Western Row Rd.
Mason, OH 45040
(888) 536-HOPE (4673)

Interested in touring

Lindner Center of HOPE?

Contact Katie Hamm at (513) 536-0324.

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